



February 2021 Volume 22 Issue 2

OPEN WEEK DAYS: 8:00 a.m. to 4:30 p.m.
Not conducting in person business yet.

Happy 
Valentine's
Day

Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history. Also known as African American History Month, the event grew out of “Negro History Week,” the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also

Mission Statement

The Housing Authority of Glasgow exists to provide adequate, affordable housing for eligible families and to promote the social well-being and economic independence of residents in an appropriate environment.



**Housing Authority
of Glasgow**

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INGREDIENTS

Kosher salt
1 pound spaghetti
1 tablespoon extra-virgin olive oil
6 slices thick-cut bacon, chopped

1/3 cup grated parmesan cheese
Freshly ground pepper
6 large eggs
Finely chopped fresh chives, for topping

INSTRUCTIONS

1. Bring a large pot of salted water to a boil. Add the pasta and cook as the label directs. Drain, reserving 1 cup of the cooking water.
2. Meanwhile, heat the olive oil in a separate large pot over medium-high heat. Add the bacon and cook until crisp, 7 to 9 minutes.
3. Add the pasta, 1/2 cup reserved cooking water and the parmesan to the pot with the bacon. Cook, stirring and adding more cooking water as needed, until coated; season with salt and pepper.
4. Meanwhile, heat the remaining 2 teaspoons olive oil in a large nonstick skillet over medium heat. Add the eggs and cook until the whites are set but the yolks are still runny, about 4 minutes; season with salt and pepper. Top the pasta with the eggs and chives.

Resident Spotlight

Name: Robert Tarry

What are your hobbies?

Wood working, whittling, fishing, visiting with friends, and making wooden canes.

If you could travel anywhere in the world, where would it be? Alaska to fish & hunt!

Where are you from? Barren Co.

Favorite Food: Fried chicken



Valentine's Day Word Search

C U U U V A L E N T I N E S J
F U A H U E Q J J X N Q R K P
U T P H R Q Z P S W E E T C Q
X J W I J A U H A A W M A R V
Q I F R D R C D E O C X J B L
Z M D O Z R C X L A C T G Z L
S H P Y U O H F L M R K A S C
S K E C N W O V F O W T X D H
Y I P H R G C P E H V V F Y U
G S U L D Q O M U N O E E N G
I S Q W U U L D L V M O Q J S
F E A L Q C A N D Y W J Z E J
T S X R F Y T V K N S J Z G B
A O W X G N E F C Z A Y O C H
A O J Z K Q H P D T C O R D F



- Gift
- Hugs
- Love
- Arrow
- Candy
- Cupid
- Heart
- Sweet
- Kisses
- Flowers
- Chocolate
- Valentine



Detoxing...

We've all heard of it. It's the latest fad, the latest dieting strategy, "a quick fix"... but what is detoxing?

There are many forms of detoxing that you've probably heard of. Juicing, detox foot pads you wear at night, detox foot soaks, detox drinks and so on. The question I have for you is... what exactly are you detoxing? The industries will claim you're detoxing a build-up of "bad toxins" in your body, but what exactly are these toxins and where do they come from?

Normal "body toxin build-up" that may form in the gut from foods or things consumed by the individual, are usually flushed out by your kidneys & liver. Your body actually does a pretty amazing job at taking care of itself! Now once your body DOES have some type of "toxin build-up" like a kidney infection, it does a great job at letting you know. These detoxing fads and strategies are nothing but a marketing hoax and money scheme. Do your research, do not waste your money, and please be aware of these fake detoxing scams. The only real way to "detox" or shed a few pounds is to eat clean and workout. That's all there is to it!

February Birthdays!

- Bonnie Sheffield
- Tammy Landrum
- Tina Graves
- Lucy Carnahan
- Janice Wilson
- Brenda Tatum
- Diane Coats
- Chester Stiles
- Elizabeth Wooten
- Marilyn Tobin
- Yalanda Tartar
- Brenda Burd



CSFP Box Pickup

CSFP Box (Senior Box) pickup for ALL OF BARREN COUNTY will now be distributed at the HERO Center the first Tuesday of the month from 8:00-12:00!

Dates for CSFP Pickup:

Drive Thru Only!

Do not exit your vehicle!

February 2nd

March 2nd

again. Per HUD Notice, every apartment MUST be inspected this year no exceptions! This requirement was waived in 2020 because of the COVID-19 pandemic for everyone's health and safety. This requirement will not be waived in 2021. In fact, HUD has begun its REAC inspections again and will inspect public housing units. It is most likely our apartments will be on HUD's list to inspect. It has been over 3 years since our last HUD REAC visit. They will only give us a 14 day notice before they arrive. Let's start today to get ready for their visit. One of the new changes on their inspection criteria is housekeeping and cleanliness. Let's work together to get ready for their visit! We will begin once Barren County is out of the "red" category on COVID cases. We have started now with our common areas.

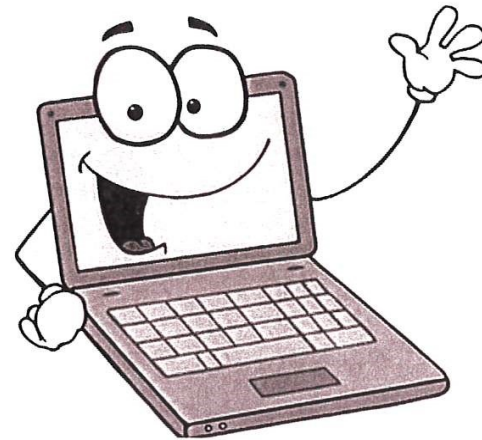
Attention
Residents

The posting of the \$40 Late Fee to unpaid accounts began again Jan 1st. Please pay your account in full by the 5th of each month to avoid the \$40 Late Fee. Let us know if you need to pay

PARKING SPOTS

This is a reminder that there are no designated parking spots at any of our apartment complexes. The only exception is the designated "HANDICAP PARKING" places that are clearly marked.

The Housing Authority of Glasgow presents: The Learning Lab

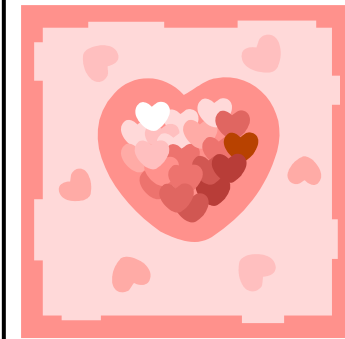


The Housing Authority of Glasgow has purchased new Chromebooks to better assist our families with their needs. Whether it is assisting your children with their online school work, finding a job, brushing up on your computer skills, or just connecting with others. If you would like more information on times and days the LEARNING LAB will be open please contact our office and ask for Jennifer, Wade or Kasey at
(270) 651-3859.

We have requested thru HUD to be designated as a site to host COVID-19 vaccinations for our residents.

There is a POSSIBILITY that we may be able to do this. Please stay tuned for additional details.

forget
Valentine's
Day is
February
14th!




HUD WAIVERS CONTINUE IN 2021

HUD has published a list of regulation waivers they will continue to allow housing authorities to implement in 2021. Some of these waivers Will expire June 30 but most will continue thru December 31, 2021. Our board of Commissioners has approved for us to continue to use waivers to help our families As well as to protect their the health and safety during the pandemic.

Please continue to communicate with us If someone in your household has had a recent fever or tested positive for COVID.

FEBRUARY 2021

**Book check out @ Huntsman
Manor Community Room during Bingo!**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rent is Due	2 CSFP drive-thru pickup at HERO Center 8-12 Groundhog Day	3	4 World Cancer Day	5 Last day to pay rent on time	6
7 Super Bowl Sunday	8 30 Day Eviction Notices Go Out	9 National Pizza Day	10	11	12 Chinese New Year	13
14 Valentine's Day 	15 President's Day	16 Commodities River Lake Church 9-12 Mardi Gras	17 Ash Wednesday	18 8:00 HAG Board Mtg. Commodities Cave City Convention Center 9-12	19	20 Farmer's Market @ UK Ext. Office 8-12
21	22	23	24	25	26	27
28	29	30	31			

Maintenance will be checking smoke detectors and reading meters the 30th and 31st.

**FEBRUARY is BLACK
HISTORY MONTH**

Remember
Our LOBBY is still closed to the public. We will come to the door to conduct business AND we are accepting phone calls.